

Sha La La

Choreographed by Max Perry 9/20/07

4 Wall 32 Count High Beginner Line Dance

West Coast Swing Feeling

Music: Sha La La La (Make Me Happy) by Al Green "Greatest Hits"

L.O.V.E. by Al Green "Greatest Hits"

A. Sugar Push with Kick Ball Change

1,2, Step R forward, Step L forward

3&4 Step R up to L (3rd position), Step L in place, Step back

5&6 Step L back, Step R next to L, Step L forward (coaster step)

Note: You may also dance an "anchor" step instead of the coaster step

7&8 Kick R forward, Rock R back with ball of foot, Step L in place

B. 1/4 Pivot Turn, Crossing Shuffle, Weave Left,

1,2 Step R forward & turn 1/4 left, Step L in place

3&4 Cross R in front of L, Step L to left side, Cross R over L

5,6,7, Step L to left side, Cross R behind L, Step L to left side,

8 Cross R over L

C. Side Rock, Turning Sailor Shuffle, Forward & Back Rock Steps

1,2, Rock Step L to left side, Step R in place (recover)

3 & 4 Cross L behind R, Step R in place, Step L in place
(turn 1/4 left over these 3 steps)

5,6 Rock R forward, Step L in place (recover)

7,8 Rock R back, Step L in place (recover)

D. 1/2 Pivot Turn, 1/4 Pivot Turn, Syncopated Touches

1,2 Step R forward & turn 1/2 left, Step L in place

3,4 Step R forward & turn 1/4 left, Step L in place

5& Touch R forward & across L, Step R next to L

6& Touch L forward & across R, Step L next to R

7& Touch R forward, Step R next to L

8& Touch L forward, Step L next to R