

GIVIN' IT UP

Choreographed by Kathy Hunyadi, Peter Metelnick & Mark Cosenza

Phrased Line Dance, High Beginner/ Intermediate

Music: "Give It Up" by KC & the Sunshine Band (CD-The Best Summer Album in the World...Ever)

Dance starts with vocals. Here's the Sequence: A, B, A-*, A, B, A, B, B, A-*, A, B, A, B

PART A

1-8 SYNCOPATED TOE TOUCHES, KICK FORWARD, JAZZ JUMP BACK, JAZZ JUMP FORWARD

- 1&2 Touch R toe out to side (1), Quickly switch feet (&), Touch L toe to side (2)
&3,4 Step L foot home (&), Touch R toe to side (3), Kick R foot forward (4)
&5,6 Step R foot back and slightly out to side (&), Step L foot to side (5), Hold (6) – *feet shoulder width apart*
&7,8 Step R foot forward and slightly to side (&), Step L forward and shoulder width apart from R (7), Hold (8)

9-16 MASH POTATOES BACK, JAZZ JUMP FORWARD, JAZZ JUMP BACK

- &1 Lift R foot slightly off floor and turn both toes in/heels out (&), Step back onto R foot as you turn both toes out/heels in (1)
&2 Lift L foot slightly off floor and turn both toes in/heels out (&), Step back onto L foot as you turn both toes out/heels in (2)
&3 Lift R foot slightly off floor and turn both toes in/heels out (&), Step back onto R foot as you turn both toes out/heels in (3)
&4 Swivel both heels out & in (& 4)
&5,6 Step R foot forward and slightly out to side (&), Step L foot to side (5), Hold (6) – *feet shoulder width apart*
&7,8 Step R foot back and slightly to side (&), Step L back and shoulder width apart from R (7), Hold (8)

17-24 RIGHT & LEFT LOCK STEPS

- 1,2,3,4 Step forward on R foot, slide L foot behind & to right of R foot, step forward on R foot, touch L foot beside R
5,6,7,8 Step forward on L foot, slide R foot behind & to left of L foot, step forward on L foot, touch R foot beside L foot

25-32 1/2 MONTEREY TURN X 2

- 1-4 Touch R toe to side, turn 1/2 to right (pivoting on L foot), step R foot next to L, touch L toes to side, step L beside R
5-8 Touch R toe to side, turn 1/2 to right (pivoting on L foot), step R foot next to L, touch L toes to side, step L beside R

PART B

1-8 RUNNING MAN, STEP HOLD, AND STEP HOLD

- 1&2& Step forward R, Scoot back on R, Step forward L, Scoot back on L
3&4& Step forward R, Scoot back on R, Step forward L, Scoot back on L
5,6 Place R foot forward (5), Hold (6)
&7,8 Step back on R (&), Point L forward (7) Hold (8)

9-16 STEP, CROSS, STEP, RIGHT SAILOR W/KICK, & STEP, CROSS, 1/4 TURN LEFT, COASTER STEP

- &1,2 Step back on L (&), Cross R in front of L (1), Step L to side (2)
3&4 Step R behind L, Step L to side, Kick R foot forward diagonally (body angled right)
&5,6 Step back on R (&), Cross L in front of R (5), Turn 1/4 left stepping back on R (6)
7&8 Step back L, Step R beside L, Step L forward

17-32 REPEAT STEPS 1-16 *Then follow sequence as stated above*

***Note:** The A- part consists of doing only the first 16 counts of Part A, then restart the dance.

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