

Disco 'Round

Choreographed by Kathy Hunyadi, 12/30/2006, danceordie@cox.net

32 Count, 4 Wall Line Dance, High Beginner ECS Rhythm

Music: "I Love the Nightlife" by Alicia Bridges (available at www.CDnow.com). I use the original but not extended version of this song. This is by far the BEST version of this song even if it doesn't quite phrase. Accept no imitation!

Start with vocals.

1-8 KICK BALL CROSS, KICK BALL CROSS, SIDE SHUFFLE, ROCK STEP

- 1&2 Traveling to right - Kick R forward, Step back on ball of R, Step L over R
- 3&4 Traveling to right - Kick R forward, Step back on ball of R, Step L over R
- 5&6 Shuffle side right - R, L, R
- 7,8 Rock back on L, Step R in place (recover)

9-16 TOE-HEEL STRUT, TOE-HEEL STRUT, SIDE ROCK, CROSSING SHUFFLE

- 1,2 Step L toe to side, Drop heel down
- 3,4 Step R toe across L, Drop heel down
- 5,6 Rock to side on L, Step R in place (recover)
- 7&8 Cross L over R, Step slightly back on ball of R, Cross L over R

17-24 KICK, KICK, SAILOR SHUFFLE WITH 1/4 TURN RIGHT, KICK, KICK, SAILOR SHUFFLE WITH 1/4 TURN LEFT

- 1,2 Kick R foot forward, Kick R to side
- 3&4 Cross R behind L while turning 1/4 right, Step L to side, Step R to side
- 5,6 Kick L foot forward, Kick L to side
- 7&8 Cross L behind R while turning 1/4 left, Step R to side, Step L to side

25-32 ROCK, STEP, 3/4 RIGHT TURN, SHUFFLE STEP, ROCK, STEP, COASTER STEP

- 1,2 Rock forward on R, Recover weight to L & turn 3/4 to right
- 3&4 Shuffle in place R, L, R
- 5,6 Rock forward on L, Recover weight to R
- 7&8 Step back on L, Step R beside L, Step L forward