

# Bump 'N' Hustle

Choreographed by Kathy Hunyadi & Kevin & Rena Ward 01/30/03 at Dance Fiesta 2003 in Cancun Mexico

96 Count, Contra or 2-wall Line Dance, Level: Beg. / Easy Int.

Music: "Bump 'N' Hustle" by Down To The Bone (*The Urban Grooves – Album 2*)

*Dance starts after 64-count intro ~ count from first heavy beat (about 36 seconds into the music). If you do this Contra, start dance with lines facing each other with each person standing in a "window".*

## **1-8 JAZZ JUMP FORWARD, HIP BUMPS; JAZZ JUMP BACK, HIP BUMPS**

&1 Step forward on R (&), Step forward on L (1) – feet slightly apart

2,3,4 Bump hips left, right, left

&5 Step back on R (&), Step back on L (5) – feet slightly apart

6,7,8 Bump hips left, right, left

## **9-16 DOUBLE-TIME JAZZ JUMPS (these will be quick!)**

&1&2 Step forward R (&), L (1); Step back R (&), L (2)

&3&4 Step forward R (&), L (3); Step forward R (&), L (4)

&5&6 Step back R (&), L (5); Step forward R (&), L (6)

&7&8 Step back R (&), L (7); Step back R (&), L (8)

## **17-24 GRAPEVINE RIGHT, GRAPEVINE LEFT WITH 1/4 TURN L**

1,2,3,4 Step side right on R, Step L behind R, Step R to side, Touch L beside R

5,6,7,8 Step side left on L, Step R behind L, Make 1/4 turn L Step L forward, Touch R beside L

## **25-32 GRAPEVINE RIGHT, GRAPEVINE LEFT**

1,2,3,4 Step R to side, Step L behind R, Step R to side, Touch L beside R

5,6,7,8 Step side left on L, Step R behind L, Step L to side, Touch R beside L

**NOTE:** *If you are dancing contra, the right vine will pass through the line, left vine will bring you back.*

## **33-40 WALK BACK, TOUCH; WALK FORWARD, TOUCH, CLAP X 2**

1,2,3,4 Walk back R, L, R, Touch L toe back (*lean forward as you touch back*)

5,6,7&8 Walk forward L, R, L, Touch R toe forward Clap x 2 (&8)

## **41-48 WALK BACK, TOUCH; WALK FORWARD, HEEL BOUNCES TURNING 1/4 RIGHT**

1,2,3,4 Walk back R, L, R, Touch L toe back (*lean forward as you touch back*)

5,6,7&8 Walk forward L, R, Step L beside R, Bounce both heels while turning 1/4 right (&8)

## **49-56 SHUFFLES FORWARD, 1/2 TURN LEFT, SHUFFLE BACK, COASTER STEP**

1&2 Shuffle forward R, L, R

3&4 Shuffle forward L, R, L

5&6 Turn 1/2 left & Shuffle back R, L, R

7&8 Step L foot back, Step R beside L, Step L forward

## **57-64 REPEAT Counts 49-56 – In contra you will again pass back & forth through the lines.**

## **65-72 FORWARD POINT CROSSES; BACK POINT CROSSES**

1,2,3,4 Point R toe to side, Cross step R in front of L; Point L to side, Cross step L in front of R

5,6,7 Point R to side, Cross step R behind L; Point L to side

&8 Quickly step L beside R, Point R to side

*Bump 'N' Hustle* continued

**73-80 SAILOR SHUFFLES X 4 WITH 1/4 TURN RIGHT**

- 1&2 Cross R behind L, Step L to Side, Step R to side  
3&4 Cross L behind R, Step R to side, Step L to side  
5&6 Turn 1/4 right while crossing R behind L, Step L to Side, Step R to side  
7&8 Cross L behind R, Step R to side, Step L to side

**81-88 CROSSING SHUFFLE, SYNCOPATED WEAVE, ROCK RECOVER, CROSSING SHUFFLE**

- 1&2 Cross step R over L, Step L to side, Cross step R over L  
&3&4 Step L to side, Step R behind L, Step L to side, Step R over L  
5,6 Rock to side left on L, Recover weight to R  
7&8 Cross step L over R, Step R to side, Cross step L over R (*again you should pass through the lines in contra*)

**89-96 ROCK RECOVER, JAZZ BOX WITH 1/4 TURN RIGHT, KICK BALL STEP FORWARD**

- 1,2 Rock to side right on R, Recover weight to L  
3,4,5,6 Cross step R over L, Step back on L and turn 1/4 to right, Step R to side, Step L beside R  
7&8 Kick R foot forward, Step back on ball of R, Step L foot forward

**BEGIN AGAIN**

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